

SEAFORD CENTRE RECORDS
2008-2009 SEASON

UNDER 11 GIRLS

70m	10.50		S. Selby	SS	29/10/88
100m	14.79		L. Stirling	BP	14/12/91
200m	30.10		L. Dow	K	28/11/81
400m	1.11.50		M. Hart	BP	22/03/80
800m	2.46.60		K. Hirst	RP	06/12/97
1500m	5.36.8		H. Green	CPL	22/10/05
60mh	11.18		R. Browning	CD	11/11/06
80mh	15.08		R. Browning	CD	24/02/07
300mh	55.70		C. Weymouth-Wilson	BP	25/10/97
1500m walk	8.36.9		K. Whitelaw	RP	22/02/03
2000m steeple	8.51.20	Eq	K. Hirst	RP	11/10/97
		Eq	K. Hirst	RP	06/02/98
Discus	24.78		S. Selby	SS	11/02/89
Shot Put	10.01		A. Ingram	SS	21/02/76
Long Jump	4.32		J. Bowles	ST	31/03/90
Triple Jump	9.51		J. Bowles	ST	31/03/90
High Jump	1.30		C. Baxter	BP	01/02/03
Javelin	23.49		L. Baker	ST	24/03/90

UNDER 11 BOYS

70m	9.80		C. Casperaz	SS	12/03/83
100m	13.60	Eq	M. Arthur	K	28/11/81
		Eq	P. Delassantos	ST	13/03/88
200m	28.50		P. Delassantos	ST	05/03/88
400m	1.07.30		C. Lovell	BP	02/02/85
800m	2.36.40		S. Foster-Swan	ST	19/03/83
1500m	5.21.00		S. Foster-Swan	ST	26/02/83
60mh	10.28 E		C. Costanzo	RP	06/12/97
80mh	14.54 E		M. Jakobi	SN	30/01/93
300mh	50.50		P. Delassantos	ST	19/03/88
1500m walk	8.21.90		G. Wylie	SN	16/02/80
2000m steeple	8.02.80		Not Known		
Discus	30.00		G. Corrigan	BP	19/11/83
Shot Put	9.66		T. Abramczyk	SN	01/02/03
Long Jump	4.73		P. Delassantos	ST	05/03/88
Triple Jump	10.36		P. Delassantos	ST	26/03/88
High Jump	1.44	Eq	P. Delassantos	ST	27/02/88
		Eq	P. Johnson	SS	03/11/94
Javelin	26.97		T. Ogier	SN	26/02/94